



Memphis Northside High School
Girls' Track and Field
Memphis, TN



POSTSEASON HISTORY REPORT
GENERATED MAY 6, 2026

Summary

Championship Record: -

Appearances (0):

Finals Appearances/Runners-up (28): 1974, 1974, 1975, 1975, 1979, 1979, 1979, 1980, 1980, 1980, 1981, 1981, 1982, 1983, 1983, 1983, 1984, 1984, 1984, 1984, 1984, 1993, 2007, 2008, 2009, 2009, 2009, 2009

Championships (12): 2009, 2008, 2007, 1993, 1984, 1983, 1982, 1981, 1980, 1979, 1975, 1974

Finals Appearances

Year	Class	Award	Detail
1974		100 Yard Dash Champion	Teresa Baugh
1974		200 Yard Dash Champion	Teresa Baugh
1975		100 Yard Dash Champion	Teresa Baugh
1975		200 Yard Dash Champion	Teresa Baugh
1979		One Mile Relay Champions	
1979		Team Champions	
1979		440 Yard Relay Champions	
1980	Class AAA	Team Champions	
1980	Class AAA	Discus Champion	Rutheye Friday
1980	Class AAA	High Jump Champion	Janet Jones
1981	Class AAA	1600 Meter Relay Champions	
1981	Class AAA	Team Champions	
1982	Class AAA	3200 Meter Relay Champions	
1983	Class AAA	Long Jump Champion	Terkeler Shegog
1983		Pentathlon Champion	Terkeler Shegog
1983	Class AAA	3200 Meter Relay Champions	
1984		Pentathlon Champion	Terkeler Shegog
1984	Class AAA	100 Meter High Hurdles Champion	Terkler Shegog
1984	Class AAA	Long Jump Champion	Terkeler Shegog
1984	Class AAA	300 Meter Low Hurdles Champion	Terkler Shegog
1984	Class AAA	Team Runner-Up	
1993	Class AAA	Shot Put Champion	April Nelson

Year	Class	Award	Detail
2007	Class AAA	300 Meter Low Hurdles Champion	Sharika Nelvis
2008	Class AAA	Long Jump Champion	Sharika Nelvis
2009	Class AAA	100 Meter High Hurdles Champion	Sharika Nelvis
2009	Class AAA	100 Meter Dash Champion	Sharika Nelvis
2009	Class AAA	300 Meter Low Hurdles Champion	Sharika Nelvis
2009	Class AAA	200 Meter Dash Champion	Sharika Nelvis

Awards

None found.